

# *Garden School Dining Room Menu*

## *For the Week Beginning November 2 , 2015*

### Monday

**Cheese or Vegetable Ravioli in Tomato Sauce**  
**Four Beans Salad**  
**Salad: Garden Salad**  
**Dessert: Fresh Fruit Salad**  
**Early Childhood Snack: Cereal with Bananas and Milk**

### Tuesday

**Philadelphia Cheese Steak on a Hero**  
**Macaroni Salad and Cole Slaw**  
**Salad: Tossed Salad**  
**Dessert: Fresh Fruit**  
**Early Childhood Snack: String Cheese with Crackers**

### Wednesday

**Homemade Pizza**  
**Tomatoes and Mozzarella Salad**  
**Salad: Spring Mixed Green Salad**  
**Dessert: Fresh Fruit Salad**  
**Early Childhood Snack: Baby Carrots with Ranch Dressing**

### Thursday

**Turkey or Veggie Burger on a Bun with all the Toppings**  
**Bacon, Lettuce, Tomato and Cheese**  
**Salad: Garden Salad**  
**Dessert: Fresh Fruit Salad**  
**Early Childhood Snack: Cereal with Bananas and Milk**

### Friday

**Chicken Fajitas**  
**Mexican Yellow Rice with Peas and Carrots**  
**Salad: Garden Salad**  
**Dessert: Fresh Fruit Salad**  
**Early Childhood Snack: Mini Muffins with Milk**

### *Available Daily:*

*Soup and Choice of Sandwich on Whole Wheat Bread*  
*a variety of drinks and snacks*

# *Garden School Dining Room Menu*

## *For the Week Beginning November 9, 2015*

### Monday

**Chicken & Broccoli with Rigatoni in Alfredo Sauce  
with Broccoli  
Salad: Garden Salad  
Dessert: Fresh Fruit  
Early Childhood Snack: Yogurt with Granola and Fruit**

### Tuesday

**Italian Sausage over Rice  
Russian Salad (Beets, Potatoes, Carrots & Veggies in a Light Mayo)  
Salad: Spring Mixed Green Salad  
Dessert: Jello with Fruit  
Early Childhood Snack: Mini Muffins with Milk**

### Wednesday

**Homemade Pizza  
Tomatoes and Mozzarella Salad  
Salad: Spring Mixed Green Salad  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Baby Carrots with Ranch Dressing**

### Thursday

**Make Your Own Sandwich with Choice of Deli Meats and Cheeses  
Macaroni Salad and Cole Slaw  
Salad: Garden Salad  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Cereal with Bananas and Milk**

### Friday

**Vegetable Pierogies Sliced Kielbasa and Sauerkraut  
Salad: Spinach, Hard Boiled Eggs and Bacon Bit  
Dessert: Fresh Fruit  
Early Childhood Snack: Graham Crackers & Apple Sauce**

### *Available Daily:*

*Soup and Choice of Sandwich on Whole Wheat Bread*

# *Garden School Dining Room Menu*

## *For the Week Beginning November 16, 2015*

### Monday

Ham Tetrizzini  
Cauliflower, Broccoli and Carrots  
Salad: Tossed Salad  
Dessert: Fruit Salad  
Early Childhood Snack: Fig Newtons with Milk

### Tuesday

Chicken Tenders  
with White Rice and Peas  
Salad: Garden Salad  
Dessert: Fresh Fruit  
Early Childhood Snack: String Cheese with Crackers

### Wednesday

Homemade Pizza  
Steamed Vegetables  
Salad: Spring Mixed Green Salad  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Cottage Cheese with Jam or Jelly

### Thursday

*Thanksgiving  
Feast*

### Friday

Greek Pasta Salad with Chicken  
Cucumber Salad with Tsaziki Sauce  
Salad: Broccoli Salad  
Dessert: Fresh Fruit  
Early Childhood Snack: Fig Newtons with Milk

### *Available Daily:*

*Soup and Choice of Sandwich on Whole Wheat Bread  
a variety of drinks and snacks*

# *Garden School Dining Room Menu*

## *For the Week Beginning November 23, 2015*

### Monday

**Beef or Chicken Sliders**  
**Steamed Vegetables**  
**Salad: Garden Salad**  
**Dessert: Fruit in Season Topped with Granola**  
**Early Childhood Snack: Vanilla Yogurt with Fruit**

### Tuesday

**Chinese Chicken & Broccoli**  
**with White Rice**  
**Four Green Beans Salad**  
**Salad: Garden Salad**  
**Dessert: Fresh Fruit Salad**  
**Early Childhood Snack: Graham Crackers & Apple Sauce**

### Wednesday

**Homemade Pizza**  
**Mozzarella and Tomato Salad**  
**Salad: Crispy Crouton Salad**  
**Dessert: Fresh Fruit Salad**  
**Early Childhood Snack: Fresh Fruit**

### Thursday

**School Closed**

### Friday

**School Closed**

### *Available Daily:*

*Soup and Choice of Sandwich on Whole Wheat Bread*  
*A variety of drinks and snacks*

# *Garden School Dining Room Menu*

## *For the Week Beginning November 30, 2015*

### Monday

Turkey Tetrazzini  
Cauliflower, Broccoli and Carrots  
Salad: Spring Mixed Green Salad  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Cereal with Bananas and Milk

### Tuesday

Chicken & Vegetable Dumplings  
Vegetables Fried Rice  
Salad: Garden Salad  
Dessert: Fresh Fruit  
Early Childhood Snack: String Cheese with Crackers

### Wednesday

Homemade Pizza  
Steamed Vegetables  
Salad: Spring Mixed Green Salad  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Baby Carrots with Ranch Dressing

### Thursday

Italian Meatball Hero  
Four Green Beans Salad  
Salad: Garden Salad  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Graham Crackers & Apple Sauce

### Friday

Garlic Herbed Tilapia With Potatoes  
Steam Vegetables  
Salad: Spring Mixed Green Salad  
Dessert: Fresh Fruit  
Early Childhood Snack: Graham Crackers & Apple Sauce

### *Available Daily:*

*Soup and Choice of Sandwich on Whole Wheat Bread*  
*A variety of drinks and snacks*

# *Garden School Dining Room Menu*

## *For the Week Beginning December 7, 2015*

### Monday

Spaghetti Meatballs  
Cauliflower Salad  
Salad: Garden Salad  
Dessert: Fresh Fruit  
Early Childhood Snack: Yogurt with Granola and Fruit

### Tuesday

Chicken Wings with Barbecue Sauce or Plain Sauce  
Baked Potatoes  
Salad: Tossed Salad  
Dessert: Fresh Fruit  
Early Childhood Snack: String Cheese with Crackers

### Wednesday

Homemade Pizza  
Tomatoes and Mozzarella Salad  
Salad: Spring Mixed Green Salad  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Baby Carrots with Ranch Dressing

### Thursday

Make Your Own Sandwich with Choice of Deli Meats and Cheeses  
Macaroni Salad and Cole Slaw  
Salad: Garden Salad  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Cereal with Bananas and Milk

### Friday

Breakfast for Lunch: Scramble Eggs, Turkey Bacon and Cinnamon Waffles with Fruit Toppings  
Salad: Baby Greens, Cherry Tomatoes Cucumbers and Carrots  
Dessert: Fresh Fruit  
Early Childhood Snack: Graham Crackers & Apple Sauce

### *Available Daily:*

*Soup and Choice of Sandwich on Whole Wheat Bread  
A variety of drinks and snacks*

# *Garden School Dining Room Menu*

## *For the Week Beginning December 14, 2015*

### Monday

Lemony Penne and Broccoli  
Bean Salad  
Salad: Apple Salad with Romaine Lettuce and Arugula  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Yogurt with Granola and Fruit

### Tuesday

Chicken Thighs with Mashed Potatoes  
Salad: Tossed Salad  
Dessert: Fresh Fruit  
Early Childhood Snack: String Cheese with Crackers

### Wednesday

Homemade Pizza  
Steamed Vegetables  
Salad: Spring Mixed Green Salad  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Cottage Cheese with Jam or Jelly

### Thursday

Make Your Own Taco  
Topped with: Lettuce, Tomatoes, Cheese & Sour Cream  
Savory Rice  
Dessert: Fresh Fruit Salad  
Early Childhood Snack: Cereal with Bananas and Milk

### Friday

**Early Dismissal**

### *Available Daily:*

*Soup and Choice of Sandwich on Whole Wheat Bread  
A variety of drinks and snacks*