



Afterschool & Foundations

SPRING 2016 Brochure



Garden School

Cultivating Success in Every Child

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All After-School programs are supervised by our
After-School Coordinator
Ms. Kim Hayes (khayes@gardenschool.org)

After-School Programs AT-A-GLANCE

Monday

3:00-4:00	Kicks are for Kids
3:00-4:00	Acrobatics-Beginner
4:00-5:00	Hip-Hop
3:00-4:00	Pins and Needles
3:00-4:00	Soccer (5&6) Begins March 14th

Tuesday

3:00-4:00	Acrobatics-Intermediate
3:00-4:00	Jr. mechanical Engineering
4:00-5:00	Bricks 4 Kids
3:00-4:00	Karate (Beginner)
4:00-5:00	Karate (Intermediate/Advanced)

Wednesday

3:00-4:00	Tap
3:00-4:00	Greek
3:30-5:00	Allergic to Salad Cooking
4:00-5:00	Chess
4:00-5:00	Magic and Circus Arts

Thursday

3:00-4:00	Ballet Group C
3:00-4:00	Let's Speak Spanish
3:00-4:00	Drama!!
4:00-5:00	Contemporary Dance
3:00-4:00	Soccer (3&4) Begins March 17th

Friday

3:00-4:00	Ballet Group A (PK-1)
4:00-5:00	Ballet Group B (PK-4)
3:00-5:00	Bowling (2-8)

Important: See the CLASS SCHEDULE on page 26 for beginning dates, end dates, and dates with no classes.

Foundations Program CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
4	2/8 Classes start	2/9 Classes start	2/10 Classes start	2/11 Classes start	2/12 Classes start
	2/15 School closed	2/16 School closed	2/17 School closed	2/18 School closed	2/19 School closed
	2/22	2/23	2/24 Chess begins	2/25	2/26
	2/29	3/1	3/2	3/3	3/4
	3/7	3/8	3/9	3/10	3/11
	3/14 Soccer begins	3/15	3/16	3/17	3/18 School closed
	3/21	3/22	3/23	3/24 School closed	3/25 School closed
	3/28 School closed	3/29 School closed	3/30 School closed	3/31 School closed	4/1 School closed
	4/4	4/5	4/6	4/7	4/8
	4/11	4/12	4/13	4/14	4/15
	4/18	4/19	4/20	4/21	4/22
	4/25	4/26	4/27	4/28	4/29
	5/2	5/3	5/4	5/5	5/6
	5/9	5/10	5/11	5/12	5/13
	5/16	5/17	5/18	5/19	5/20
	5/23	5/24	5/25	5/26	5/27

After-School Program (Nursery to 6th Grade)

Our after-school program for the lower division (N-6) runs weekdays from 3:00-6:00 p.m. and includes snack time, homework help, indoor/outdoor play, organized games, crafts, clubs and special events. The program structure is flexible, so you can arrange an after-school plan that meets your family's needs.



7th and 8th Grade

Garden School has a program for 7th and 8th graders. The After-School Program operates every school day from 3:00-6:00 p.m. to offer homework support and structured activities, including cards, board games, support for sports teams, and free play in the gym or field.

Students who choose to remain at school after 3:00 p.m. and who are not in extra help with a teacher, in a club, on a team, or attending a Foundations course are automatically enrolled in the After-School Program and billed at the daily rate.

After-School Program Rates

Per Hour/Day Rates:

- Until 4:00 p.m.: \$12
- Until 5:00 p.m.: \$18
- Until 6:00 p.m.: \$25

Programs end at 6:00 p.m. In the event of an emergency, please call the school. Pick-ups after 6:00 p.m. will result in an additional charge of \$10/half hour.

Full-Year Discount Rates:

- Until 4:00 p.m. for the year: \$1,700
- Until 5:00 p.m. for the year: \$2,200
- Until 6:00 p.m. for the year: \$2,800

Timely payments are required to qualify for the full-year discount rates. These rates are per family—they are the same regardless of the number of children a family has enrolled in the program.

Students enrolled full time for the After-School Program receive a discount on Foundations classes, paying \$180 for the first course and \$130 for each additional course

All Foundations classes are subject to change due to a teacher's absence. If your child's class is cancelled, he or she may attend After-School until pick-up. There will be no charge for the time your child would have been in the lesson.

- In the interest of safety and security, all students in grade 8 and lower must attend After-School if they are not in a club, class, lesson, sports team, or extra help or tutoring session. All children on campus must be supervised.
- If your child is being picked up by someone other than a known parent/guardian, please bring a note to school or contact Ms. Hayes, the After-School Coordinator. This includes family members **and parents of your child's friends.**
- All parents/guardians must sign the student out in the After-School book. Students are not permitted to wait outside.
- All Foundations classes are subject to cancellation if they do not receive minimum enrollment.
- Any student who is deemed by the teacher or the After-School Coordinator to be a disturbance in a Foundations class will be asked to leave the class and refunds will not be given.

About Foundations

Garden School’s specialty classes are geared toward the varied interests of our students and the high standards of our parent/guardian community. Foundation classes broaden students’ awareness and bring forth their skills and talents in a nurturing environment.

Unless otherwise noted in the description, classes last for 1 hour, run for 10 weeks, and start the week of October 5, 2015.

We recommend students bring a snack for the period between the end of school and the beginning of the class.

For more information, contact Miss Kim Hayes.

Foundations classes are \$200 for the first course and \$150 for each additional course, or if enrolled full-time in the After-School Program, \$180 for the first course and \$130 for each additional course.



Foundations Spring 2016 Offerings

Acrobatics (max. 10 students)

Build strength and flexibility through exercises, learn basic tumbling and gymnastics, and put all that together with dance to create an acrobatics routine you'll want to break into every chance you get.

Beginner: Day: Mon. 3:00 p.m.

Intermediate: Day: Tue. 3:00 p.m.

Advanced: Day: Tue. 4:00 p.m.

Instructor: Miss Kim

Ballet (max. 10 students)

The perfect start for aspiring dancers! We'll begin with the 5 basic ballet positions and practice the techniques of classical ballet. We'll also learn the names of each movement and weave them together to create a beautiful ballet.

Advanced: Day: Thursday 3:00 p.m.

Beginner: Day: Friday 3:00 p.m.

Intermediate: Day: Friday 4:00 pm



Tap Dancing (max. 12 students)

Children will learn the basic tap steps (shuffles, flaps, slides) without music – allowing their feet and bodies to literally become percussion instruments. Together, they will create music and dance that will have them dancing in the streets!

Grades: Open levels

Day: Wednesday 3:00 p.m.

Instructor: Miss Kim



Hip Hop (max. 15 students)

Ms. Kim, brings us “soul” with Hip Hop. For children who have had some dance experience, Hip Hop will explore some cool moves. The class will focus on isolation of movements while moving different body parts concurrently, but in different ways. Great exercise, fun, fun, fun and a fantastic way to use all of that energy!

Grades: 2–8 Day: Monday 4:00 p.m.

Instructor: Miss Kim

Contemporary Dance (max 10 students)

Contemporary dance is a style of expressive dance that combines elements of several dance genres including modern, jazz, lyrical and classical ballet. Contemporary dancers strive to connect the mind and the body through fluid dance movements.

Grades: 3-8 Day: Thursday 4:00

Instructor: Miss Kim



Students taking dance classes will be working towards our **annual dance recital that will take place in May**. It's a wonderful experience to have the children showcase all of their hard work.

Practice, practice, practice and look forward to shining on stage for all your family and friends!

DRAMA!!

(max 10 students)

Grades: K-4 Day: Thursday 3:00
Instructor: Carrie Edel Isaacman



Literacy through drama is the heart and soul of this introductory course as our young actors enjoy learn some skills, basic techniques and grow in confidence for creating a play.

In this course, we will work on skill building through daily fun warm ups, improvisation activities, and play making using Western and Non Western folk tales.

The course culminates on the 10th session with students presenting scene work from folk tales!



Carrie Edel Isaacman is an actor with numerous film and stage credits to her name. She is also certified to teach K - 12 in drama, and is working on her extension on Gifted and Talented Education.

www.carrieedelisaacman.com/

Bowling (max 20 students)

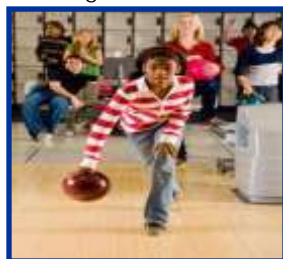
Strike! Spare! Gutter ball – oh no!!

Before you know it, you will be bowling like a pro. We will head over to 34th St Lanes in Jackson Heights each week and may even have to take our Griffin along. Get ready as Garden bowlers embrace the sport and form a winning team.

Grades: 1-8

Day: Friday 3:00 p.m.

Note: 2 hr. class time



Greek 101 (max. 12 students)

Geography, octagon, gymnasium. Just a few words in our everyday vocabulary that come from the Greek language. Opa!

Mastering Greek will open up new linguistic avenues for students. Scholars who enroll in our Greek Language classes will become familiar with the Greek alphabet and vocabulary. They will be able to utilize fundamental phrases and expressions in beginning conversation, and read basic modern Greek on an elementary level. The real benefit will be that these young minds will have tools to decode vocabulary words and apply the grammar skills they learn in Greek to their future scholarly pursuits!

Grades: K–2

Day: Wednesday 3:00 p.m.

Instructor: Stella Stenos.

Ms. Stenos is the Chair of ELA/ESL program at Garden School.



BRICKS 4 KIDZ!!

LEGO® BUILDING WORKSHOP

(max. 10)

Grades: K-2nd

Day: Tuesday 3:00

In this Bricks 4 Kidz enrichment class students will explore Science, Technology, Engineering and Math (S.T.E.M) concepts using LEGO® bricks.



Children will learn to build exciting models incorporating LEGO® Technic bricks, axles, pulleys, gears, motors, receivers & more. **Students will experience the “hands-on”** fun of model building from concept to completion, using our proprietary model plans and kits. Each week, students will build a different motorized model, exploring topics such as Famous Inventions, Space, Energy, Simple Machines, Forces & Motion, Gears, and Structures & Mechanism & More.

www.bricks4kidz.com



Each class begins as students learn interesting facts reflecting the model build of the day. Our staff will set the pathway for bringing the concepts of Science, Technology, Engineering and Math **to life... all while having fun!** **Students will learn to enhance** critical thinking and problem solving skills, as well as foster teamwork; all while building, modifying and testing their models.

Let's Speak Spanish

(max. 15)

Grades: Pk4-2nd

Day: Thursday 3:00

Instructor: Miss Cathy Mesias

HOLA! Welcome to the fun energetic Spanish **speaking class for young learners. Whether you're** brand new to the language or speak it at home, this course offers much more than words and dialogue. Learn about Spanish traditions and culture. Create arts and crafts and sing songs. Most importantly have fun and make new friends along the way!!

A bonus to this class is that it is taught by our very own **Miss Cathy...one of Garden School's very own teachers and parent** she'll offer an informative class along with a friendly familiar face.



Chess Educators

SPECIAL NOTE: CLASSES BEGIN FEBRUARY 24th.

There is a significant body of research that shows the effect of chess on brain development. Students can apply chess to problem-solving skills.

In addition, chess is an academic performance booster as well as a universal “language” for people from different backgrounds – it is a perfect After-School pursuit for Garden School students! All level students are welcome.

Note: The level the student is in is determined by age and experience. Students may be evaluated and moved to the class level that best suits their ability.

Chess Level: Level 1 & 2 Introduction & Advanced Novice (max. 12 students)

This course is designed to introduce kindergarten and first grade students to chess. The students will learn about the chessboard, pieces, basic rules, special moves, introduction to tactics, strategy, & notation. The teaching method involves a hands-on approach in which the children learn by playing games, and solving chess puzzles. The children will be exposed to pattern recognition and spatial problem solving that help develop abstract thinking. This class will be both very entertaining and educational for the children, and will help nurture good sportsmanship and social skills.

Level: 1 & 2 Introduction & Advanced
Novice

Day: Wednesday 4:00 p.m.



Chess Level: Level 3 & 4 Intermediate & Advanced (max. 12 students)

This course is designed for intermediate and advanced chess players who are already familiar with the fundamentals of chess.

The students will learn about tactics, openings principles, middlegame and end game strategy, introduction to chess tournament play, rules related to advanced play.



The teaching method involves a hands-on approach in which the students learn by playing games, and solving advanced chess puzzles. The students will be exposed to the tournament play experience necessary to engage in competitions.

This class is both entertaining and educational for the students, and helps nurture good sportsmanship, social skills, critical and strategic thinking, and helps students gain insight into the **nature of competition through the analysis of one's games.**

Level: 3 & 4 Intermediate & Advanced
Day: Wednesday 4:00p.m.

Instructor: Beatriz Marinello. WIM (Woman International Master) and United States Chess Federation Life Master Beatriz Marinello moved to the United States from Chile in 1990.

In 2003, Ms. Marinello was elected U.S. Chess Federation's (USCF) President, which is the first and only time a woman has ever served in that capacity. She has established and runs numerous scholastic chess programs in New York City.

Allergic to Salad Cooking Class

(max. 10)

Grades: 1–6

Day: Wednesday 3:00 p.m.



Many people – children and adults -- today claim they are **“allergic to salad”**– a convenient and understandable excuse in this era of industrialized food and pre-packaged, uninspiring food choices. Our work combats this widespread **“allergy,” while increasing skills, technique, and familiarity** with healthy foods.

Through hands-on, activity-filled classes we create a platform for a lifetime of culinary adventure. While we are cognizant and sensitive to the variety of common and uncommon food allergies, the foods we share are developed with **most everyone in mind, whether or not she is “Allergic to Salad.”** Our recipes are healthy, seasonal and local when possible, nut-free and soy-free. We do cook with gluten and dairy.

Our Food Educators are educators first and foremost with a love for healthy food. While some hold degrees in nutrition, holistic health, or culinary arts, we work with Educators that are home cooks at heart that believe wholesome food is best when prepared simply with passion and shared with loved ones. See www.allergictosalad.com for more info.



Kicks are for Kids

(max 15)

GOOOOOAAAAALLL!!!

Gather your friends for this fun filled class! Our soccer expert will be teaching all the fundamentals of soccer while building good sportsmanship. Gain important soccer skills like dribbling and tending goal all through fun filled age appropriate activities and games. Play games like “Builders and Bulldozers”, “Egg Hunt”, “Ball Tag” and more!! Most importantly learn how to be a TEAM and HAVE FUN!

Grades: Pre K-1st

Day: 3:00

Instructor: Lauren Yandow



Magic & Circus Arts with After School Magic

(max 15)

Grades: K-3 Day: Wednesday 4:00
Instructor: Harrison Kramer



SPECIAL COURSE PRICE OF \$250

No red noses or silly rabbits here... After School Magic students will learn mysterious and incredible skills ranging from top-secret slight of hand and misdirection methods to ancient Chinese YoYo and juggling techniques. Each class will introduce new and exciting, yet challenging activities that you can master and add to your repertoire. Build your confidence, be creative, and amaze everyone with your new talents. And don't forget the fun you had learning it all!

Harrison Kramer is a professional entertainer and instructor who specializes in magic and juggling for children and young adults. He has been a student of magic and circus arts for as long as he can remember. When he was 6, his mother taught him a basic juggling pattern and he never looked back. His years of experience teaching and performing his unique skill sets, for school programs, camps, organizations, and private events, have led him to create After School Magic.



Pins and Needles

Grades: 1-4

Day: Monday 3-4

Instructor: Mrs. Vogel



I'll keep you in stitches...

So grab a needle and a spool of thread. Learn the basic stitches, sew a button, design a stuffed toy, follow patterns, and help create your own sewing kit. Each week brings new projects while honing valuable skills.

Mrs. Vogel teaches Nursery and students in grades 1 to 3. She is quite crafty, enjoying sewing and quilting.

Soccer

(max 15)

Begins Tuesday March 14



GOOOOOAAAAALLL!!!

Gather your friends for this fun filled class as we come out of the winter blues and head towards a fresh aired spring! Our soccer experts will be teaching all the fundamentals of soccer while building good sportsmanship. Gain important soccer skills like dribbling and tending goal. Learn the rules and regulations of this internationally loved sport. Most importantly learn how to be a TEAM and HAVE FUN! What a great way to kick off a brand new spring season!

Grades: 5 & 6

Day: Monday 3:00

Grades: 3 & 4

Day: Thursday 3:00

Instructors: Mr. Gomis
Ms. Stenos



Karate (max. 10)

Beginner: Tuesday 3:00

Intermediate: Tuesday 4:00



The M'Keka Do (MKD) School of Karate-Kickboxing & Self-Defense is a traditional, yet unique School, with roots in Kyokushin Karate as well as modern aspects of kickboxing, resulting in a well-rounded training style. Our style is also designed to be a method of self-defense.

M'Keka Do means The Way of the Strong Foundation. We emphasize a strong foundation in conditioning, discipline, techniques and self-growth.

At every class, students develop physical strength and resilience, improved posture and flexibility, and heightened reflexes and timing. At the mental level, students cultivate a mental toughness and an "I can do this" attitude, self-control and discipline. Our training encompasses the art of never giving up and that goes beyond the dojo floor. Our training also nurtures spiritual awareness and being centered.

Our Mission

- Providing the best martial arts and fitness classes to children, teens and adults.
- Instilling discipline, self-esteem, assertiveness, respect for oneself and for others, honor & integrity and responsibility.



Our Values

Our school is based on, encourages and inculcates these values:

- | | | |
|---------------------|------------------|-----------------|
| - Discipline | - Respect | - Assertiveness |
| - Honor & integrity | - Responsibility | - Listening |
| - Caring | - Courtesy | - Passion |

Garden School Music Conservatory

Thank you, we're full for the rest of the school year!

Sign up now for next October, 2016!

The Music Conservatory is an ideal way for your child to discover an instrument of choice that suits his or her own unique talents.

Our music teacher, Tom Heineman, assisted by professional musicians, provides individual instruction for students in Garden School's upper and lower divisions.

Instrument Choices:

bass	cello	clarinet	drums
electric bass	flute	guitar	piano
saxophone	trumpet	tuba	viola
violin	voice		

•Private piano instruction for K and up—30-minute lessons, 25 weeks at \$550.

•Other private instruction for grades 3 and up—45-minute lessons, 25 weeks at \$625.

Each lesson involves music technique, sheet music reading, and learning and practicing songs. At-home practice is necessary.

Please note that it is the responsibility of each student to attend his or her scheduled lesson. Missed lessons cannot be made up.

In the event of a teacher's absence, parents and students will be notified immediately and an experienced substitute will fill in for the lesson. Any class that cannot be scheduled in this way will be added to the end of the lesson period.

All Conservatory students are invited to perform in the Annual Spring Music Recital at the end of the school year!

Please contact Ms. Kim for more information



The Garden School Dance Program

All classes are taught by Kim Hayes (“Miss Kim”), who has been dancing for over 30 years and teaching students of all ages for more than 18 years. She is trained in ballet, jazz, tap, modern, hip-hop, and acrobatics. Dance class students will perform a recital at the end of the school year.



About Skill Levels: All grade ranges for dance classes are only suggested grades, as skill level really determines which class any student should take. At the time of registration, Miss Kim will confirm all students’ appropriate class levels for both new students and returning dancers. If a change is required or recommended, she will notify you immediately to suggest the best placement for your child.



Visitors Week for the Dance Program: The last week of every month is **Visitors Week in Dance**. Please join us to learn what we’re working on! In addition to giving you a glimpse of the class, this will help prepare the children for our Annual Spring Dance Recital.

A Note on What to wear: Leotards with tights for girls and leotards or a tight shirt with stretch pants for boys are suggested for all dance classes. Children should have jazz oxfords or booties for acrobatics or ballet shoes for ballet. If you have any questions about where to buy dance clothing or shoes, please contact Ms. Hayes. Miss Kim will purchase costumes as the recital nears at the cost of \$40 per class.



After-School Programs AT-A-GLANCE

Monday

3:00-4:00	Kicks are for Kids
3:00-4:00	Acrobatics-Beginner
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3:00-4:00	Soccer (5&6) Begins March 14th

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4:00-5:00	Karate (Intermediate/Advanced)

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3:00-4:00	Greek
3:30-5:00	Allergic to Salad Cooking
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4:00-5:00	Magic and Circus Arts

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3:00-4:00	Let's Speak Spanish
3:00-4:00	Drama!!
4:00-5:00	Contemporary Dance
3:00-4:00	Soccer (3&4) (Begins March 17th)

Friday

3:00-4:00	Ballet Group A (PK-1)
4:00-5:00	Ballet Group B (PK-4)
3:00-5:00	Bowling (2-8)

Important! See the CLASS SCHEDULE on page 26 for beginning dates, end dates, and dates with no classes.



AFTERNOONS AT GARDEN SCHOOL REGISTRATION FORM

Please complete this form with your choices for your child(ren). Return completed form(s) and payment (cash or check payable to Garden School) to the main office or by mail. Credit card payments can be processed in person or by phone: 718-335-6363.

Student Information

Name(s)/Grade(s): _____

Name(s)/Grade(s): _____

Address: _____

City/State/Zip: _____

Phone number: _____

E-mail of parent/guardian: _____

Emergency contact/phone: _____

Parent/Guardian's signature: _____

Selections

I wish to enroll my child(ren) in the AFTER-SCHOOL PROGRAM for the hours of _____ at the yearly/per-family rate of \$_____.

My first payment of \$_____ is enclosed.

Foundations & Music Conservatory

Foundations Courses: \$200 for the first course and \$150 for each additional course. If enrolled full-time in the After-School Program, \$180 for the first course and \$130 for each additional course. (Magic and Circus Arts is \$250 only)

Student(s) Information

Name(s)/Grade(s): _____

Name(s)/Grade(s): _____

Phone number: _____

E-mail of parent/guardian: _____

Emergency contact/phone: _____

I wish to enroll my child(ren) in the following FOUNDATIONS COURSES:

COURSE: _____

DAY/TIME: _____

FEE: _____

COURSE: _____

DAY/TIME: _____

FEE: _____

COURSE: _____

DAY/TIME: _____

FEE: _____

I wish to enroll my child(ren) in the GARDEN SCHOOL MUSIC CONSERVATORY: (Available October 2016 only!)

Instrument: _____

Preferred day: _____

FEE: _____

Instrument: _____

Preferred day: _____

FEE: _____

Do not complete below this line. For office use only.

Total Payment Enclosed \$ _____

Foundations Program CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday
2/8	Classes start	2/9 Classes start	2/10 Classes start	2/11 Classes start	2/12 Classes start
2/15	School closed	2/16 School closed	2/17 School closed	2/18 School closed	2/19 School closed
2/22		2/23	2/24 Chess begins	2/25	2/26
2/29		3/1	3/2	3/3	3/4
3/7		3/8	3/9	3/10	3/11
3/14	Soccer begins	3/15	3/16	3/17	3/18 School closed
3/21		3/22	3/23	3/24 School closed	3/25 School closed
3/28	School closed	3/29 School closed	3/30 School closed	3/31 School closed	4/1 School closed
4/4		4/5	4/6	4/7	4/8
4/11		4/12	4/13	4/14	4/15
4/18		4/19	4/20	4/21	4/22
4/25		4/26	4/27	4/28	4/29
5/2		5/3	5/4	5/5	5/6
5/9		5/10	5/11	5/12	5/13
5/16		5/17	5/18	5/19	5/20
5/23		5/24	5/25	5/26	5/27

Garden School

33-16 79th Street
Jackson Heights, NY 11372

Phone: (718) 335-6363

Fax: (718) 565-1169

E-mail: info@gardenschool.org

www.gardenschool.org

