Garden School Dining Room Menu
For the Week of Beginning February 27, 2017

Monday

Rigatoni with Broccolini and Feta Cheese
Salad: Spinach with Hardboiled Eggs & Bacon Bits
Dessert: Yogurt with Granola
Early Childhood Snack: Sliced Fruit

Tuesday

Chicken Rice Casserole
Green Peas and Carrots
Salad: Apple Salad with Romaine Lettuce and Arugula
Dessert: Fresh Fruit Salad
Early Childhood Snack: Rice Crispies and Bananas with Milk

Wednesday

Homemade Pizza
Sautéed Green Beans with Garlic
Salad: Apple Salad with Romaine Lettuce and Arugula
Dessert: Vanilla or Chocolate Pudding
Early Childhood Snack: Fig Newtons

Thursday

Beef Enchilada Casserole with Rice & Black Beans
Salad: Spring Mixed Green Salad
Chicken Noodle Soup
Dessert: Fresh Fruit Salad
Early Childhood Snack: Cheese and Crackers

Friday

Swedish Meatballs over Egg Noodles in Brown Sauce
Sautéed Broccoli in Garlic and Olive Oil
Salad: Garbanzo Extravaganza Salad
Dessert: Yogurt with Granola
Early Childhood Snack: Mini Muffins with Milk

Available Daily:
Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks
Garden School Dining Room Menu
For the Week Beginning March 6, 2017

Monday

Hamburger with all the Toppings
Lettuce, Tomatoes, Cheese and Pickles
Salad: Multicolored Salad
Dessert: Vanilla or Chocolate Pudding
Early Childhood Snack: String Cheese with Crackers

Tuesday

Make Your Own Tacos
Savory Mexican Rice
Salad: Spring Mixed Green Salad
Dessert: Fresh Fruit Salad
Early Childhood Snack: String Cheese with Crackers

Wednesday

Homemade Pizza
Steamed Broccoli
Salad: Baby Green, Cherry Tomatoes, Cucumbers and Carrots
Dessert: Jello with Fruit
Early Childhood Snack: Sliced Apples, Pears and Oranges

Thursday

Italian Sausage with Green Peppers & Onions with Mashed Potatoes
Sautéed Broccoli in Garlic and Olive Oil
Salad: Tossed Salad
Dessert: Fresh Fruit
Early Childhood Snack: String Cheese with Crackers

Friday

Chicken Teriyaki
White Rice with Peas and Carrots
Salad: Spring Mixed Green Salad
Dessert: Vanilla Pudding
Early Childhood Snack: Graham Crackers with Apple Sauce

Available Daily:
Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks
Garden School Dining Room Menu
For the Week Beginning March 13, 2017

Monday

Penne with Broccoli in Alfredo Sauce
Four Beans Salad
Salad: Apple Salad with Romaine Lettuce and Arugula
Dessert: Fresh Fruit Salad
Early Childhood Snack: Yogurt with Granola and Fruit

Tuesday

Chicken Wings with Barbecue Sauce or Plain Sauce
Roasted Potatoes
Salad: Tossed Salad
Dessert: Fresh Fruit Salad
Early Childhood Snack: Cereal with Bananas and Milk

Wednesday

Homemade Pizza
Tangy Four Bean Salad
Salad: Spring Mixed Green Salad
Dessert: Fresh Fruit Salad
Early Childhood Snack: Cottage Cheese with Jam or Jelly

Thursday

Pepper Steak over Rice
Russian Salad (Beets, Potatoes, Carrots & Veggies in a Light Mayo)
Salad: Spring Mixed Green Salad
Dessert: Jello with Fruit
Early Childhood Snack: Mini Muffins with Milk

Friday

School Closed

Available Daily:
Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks
Garden School Dining Room Menu
For the Week Beginning March 20, 2017

Monday
Choice of Cheese or Vegetable Ravioli in Tomato Sauce
Steamed Broccoli
Salad: Tossed Salad
Dessert: Fresh Fruit
Early Childhood Snack: Yogurt with Granola and Fruit

Tuesday
Chicken Quesadillas
Yellow Rice
Salad: Garden Salad
Dessert: Fresh Fruit Salad
Early Childhood Snack: Cereal with Bananas and Milk

Wednesday
Homemade Pizza
Steamed Vegetables
Salad: Spring Mixed Green Salad
Dessert: Fresh Fruit Salad
Early Childhood Snack: Fig Newtons & Milk

Thursday
Chicken & Vegetable Dumplings
Vegetables Fried Rice
Salad: Garden Salad
Dessert: Fresh Fruit Salad
Early Childhood Snack: Graham Crackers & Apple Sauce

Friday
Eggplant Rolletini with a side of
Bow Tie Pasta in a Light Tomato Sauce
Salad: Spring Mixed Salad
Dessert: Fresh Fruit
Early Childhood Snack: Yogurt with Granola and Fruit

Available Daily:
Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks
Garden School Dining Room Menu
For the Week Beginning March 27, 2017

Monday

Make Your Own Pasta
Sautéed Peas and Baby Onions
Salad: Spinach with Hardboiled Eggs & Bacon Bits
Dessert: Yogurt with Granola
Early Childhood Snack: Sliced Fruit

Tuesday

BLT with all the Toppings
Macaroni Salad and Cole Slaw
Salad: Tossed Salad
Dessert: Fresh Fruit
Early Childhood Snack: String Cheese with Crackers

Wednesday

Italian Style Pizza
Steamed Vegetables Salad
Salad: Baby Greens, Cherry Tomatoes, Cucumbers & Carrots
Dessert: Sliced Apples, Pears and Oranges
Early Childhood Snack: Yogurt with Granola and Fruit

Thursday

Kielbasa with Perogies and Sauerkraut
Salad: Spring Mixed Green Salad
Dessert: Yogurt with Granola
Early Childhood Snack: Mini Muffins with Milk

Friday

Meatball Hero
Sautéed Peas and Baby Onions
Salad: Spinach Salad with Eggs
Dessert: Fresh Fruit Salad
Early Childhood Snack: Graham Crackers & Apple Sauce

Available Daily:
Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks