

Garden School Dining Room Menu

For the Week Beginning February 5, 2018

Monday

Beef or Veggie Burgers on a Bun with all the
Toppings: Cheese, Tomatoes and Lettuce
Macaroni Salad & Veggie Chips
Salad: Spring Mixed Green Salad
Dessert: Fresh Fruit
Early Childhood Snack: Graham Crackers with Apple Sauce

Tuesday

Make Your Own Pasta with Choice of Sauces
Salad: Spring Mixed Salad
Dessert: Fresh Fruit Salad
Early Childhood Snack: Cereal with Bananas and Milk

Wednesday

Homemade Pizza
Sautéed Green Beans
Salad: Garden Salad
Dessert: Fruit in Season Topped with Granola
Early Childhood Snack: Fresh Fruit with Vanilla Yogurt

Thursday

Chicken Tenders with a Side of Mac and Cheese
Salad: Romaine Lettuce with Arugula, Tomatoes and Corn Bits
Dessert: Vanilla & Chocolate Pudding
Early Childhood Snack: Fresh Fruit with Cheese & Crackers

Friday

Turkey Bacon, Lettuce and Tomato Sandwich on Whole Grain Bread
Macaroni Salad and Veggie Chips
Salad: Tossed Salad
Dessert: Jello with Fruit
Early Childhood Snack: Yogurt with Fruit

Available Daily:

Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks

Garden School Dining Room Menu

For the Week Beginning February 12, 2018

Monday

Chicken Fajitas, Vegetable Stir-Fry
Yellow Rice
Salad: Baby Spinach with Hard Boiled Eggs
Dessert: Fresh Fruit in Season
Early Childhood Snack: Fig Newtons and Milk

Tuesday

Creamy Mushroom Bowtie Pasta
French Style Green Beans
Salad: Tossed House Salad
Dessert: Fruit Salad
Early Childhood Snack: Cereal with Bananas and Milk

Wednesday

Homemade Pizza
Sautéed Broccoli in Garlic and Oil
Salad: Garden Salad
Dessert: Vanilla Yogurt & Granola
Early Childhood Snack: Fresh Fruit with Cheese & Crackers

Thursday

Pepper Steak over White Rice
Peas & Carrots
Salad: Arugula, Tomatoes & Cucumbers
Dessert: Jello with Fruit
Early Childhood Snack: Cereal, Milk with Fruit

Friday

Chicken & Vegetable Dumplings
White Rice and Crispy Spring Rolls
Salad: Baby Greens, Cherry Tomatoes, Cucumbers, Carrots
Dessert: Oranges Wedges
Early Childhood Snack: Fig Newtons with Milk

Available Daily:

*Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks*

Garden School Dining Room Menu

For the Week Beginning February 26, 2018

Monday

Chicken Teriyaki with White Rice
Mixed Vegetables
Salad: Garden Salad
Dessert: Fresh Fruit Salad
Early Childhood Snack: Sliced Apples and Oranges

Tuesday

Cheese or Vegetable Ravioli with a Light Tomato Sauce
Peas and Carrots
Salad: Baby Greens, Cherry Tomatoes, Cucumbers and Carrots
Dessert: Jello with Fruit
Early Childhood Snack: Cheese and Crackers

Wednesday

Homemade Pizza
Tomato and Mozzarella Salad
Salad: Romaine Lettuce, Cucumbers, Tomatoes and Carrots
Dessert: Vanilla or Chocolate Pudding
Early Childhood Snack: Graham Crackers & Apple Sauce

Thursday

Make Your Own Taco
Topped with: Lettuce, Tomatoes, Cheese & Sour Cream
Savory Rice
Salad: Spring Mixed Green Salad
Dessert: Fresh Fruit Salad
Early Childhood Snack: Vanilla Yogurt with Fruit

Friday

Baked Meatballs
Mashed Potatoes with Gravy, Peas & Carrots
Salad: Spring Greens, Cucumbers and Tomatoes
Dessert: Fig Newtons
Early Childhood Snack: Cereal with Bananas and Milk

Available Daily:

*Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks*