

Garden School Dining Room Menu

For the Week Beginning February 4, 2019

Monday

Chicken Fajitas with Guacamole and Black Beans
Vegetarian Option: Vegetable Fajitas
Salad: Fresh Salad Bar
Dessert: Fresh Fruit (Seasonal)
Early Childhood Snack: Graham Crackers and Applesauce

Tuesday

Choice of Cheese or Vegetable Ravioli
In a Delicate Tomato Sauce
Sautéed Peas and Carrots
Salad: Fresh Salad Bar
Dessert: Sliced Oranges
Early Childhood Snack: Vanilla Yogurt with Granola

Wednesday

Homemade Pizza
Steamed Vegetables
Salad: Fresh Salad Bar
Dessert: Sliced Fruit and Yogurt
Early Childhood Snack: Cereal, Milk and Bananas

Thursday

Meatball Hero (Beef or Vegetarian)
Mixed Vegetables
Salad: Fresh Salad Bar
Dessert: Fruit Salad
Early Childhood Snack: Cheese with Crackers and Fruit

Friday

Chicken with Peppers and Onions
Jasmine Rice
Vegetarian Option: Mushrooms with Peppers and Onions
Salad: Fresh Salad Bar
Dessert: Fig Bar with Fruit
Early Childhood Snack: String Cheese with Crackers

Available Daily:

Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks

Garden School Dining Room Menu

For the Week Beginning February 11, 2019

Monday

Beef or Veggie Burger on a Bun
Toppings: Cheese, Tomatoes, Lettuce and Pickles
Cold Macaroni Salad and Veggie Chips
Salad: Fresh Salad Bar
Dessert: Jello with Fruit
Early Childhood Snack: Cereal, Milk and Bananas

Tuesday

Meat or Vegetable Lasagna
Italian Vegetables with Garlic
Salad: Fresh Salad Bar
Dessert: Fresh Fruit (Seasonal)
Early Childhood Snack: Graham Crackers and Cheese

Wednesday

Homemade Pizza
Steamed Vegetables
Salad: Fresh Salad Bar
Dessert: Jello with Fruit
Early Childhood Snack: Yogurt with Granola

Thursday

Chicken and Vegetable Dumplings
Vegetarian Option: Vegetable Medley over Rice
White Rice and Crispy Spring Rolls
Salad: Fresh Salad Bar
Dessert: Fresh Fruit (Seasonal)
Early Childhood Snack: Fig Bars with Milk

Friday

Breakfast for Lunch: Scrambled Eggs, Turkey Bacon and Cinnamon Waffles
with Fruit Toppings
Salad: Fresh Salad Bar
Dessert: Fresh Fruit (Seasonal)
Early Childhood Snack: String Cheese with Crackers

Available Daily:

Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks

Garden School Dining Room Menu

For the Week Beginning February 25, 2019

Monday

Chicken Patty Sandwich with Lettuce, Tomatoes, Pickles and Cheese
Vegetarian Option: Veggie Patty
Macaroni Salad and Veggie Chips
Salad: Fresh Salad Bar
Dessert: Fresh Fruit (Seasonal)
Early Childhood Snack: String Cheese with Crackers

Tuesday

Cheese Tortellini with Red or Alfredo Sauce
Sautéed Peas and Baby Onions
Salad: Fresh Salad Bar
Dessert: Fruit Salad
Early Childhood Snack: Cereal, Milk and Bananas

Wednesday

Homemade Pizza
Mozzarella and Tomatoes Salad
Salad: Fresh Salad Bar
Dessert: Yogurt with Granola and Fruit
Early Childhood Snack: Fig Bars with Milk and Fruit

Thursday

Pepper Steak over Mashed Potatoes
Vegetarian Option: Vegetable Medley over Rice
Peas and Carrots
Salad: Fresh Salad Bar
Dessert: Vanilla and Chocolate Pudding
Early Childhood Snack: Graham Crackers and Applesauce

Friday

Stuffed Shells
Mixed Vegetables
Salad: Fresh Salad Bar
Dessert: Fresh Fruit (Seasonal)
Early Childhood Snack: Vanilla Yogurt and Granola

Available Daily:

Soup and Choice of Sandwich on Whole Wheat Bread
A variety of drinks and snacks