

Garden School Dining Room Menu for the Week Beginning May 31, 2010

Monday

Memorial Day – School Closed

Tuesday

Chicken Fajitas

Savory Spanish Rice

Salad: Baby Spinach with Hard Boiled Eggs & Bacon Bits

Dessert: Fresh Fruit

Early Childhood Snack: String Cheese with Crackers

Wednesday

Italian Style Pizza

Three Bean Salad

Salad: Garden Salad

Dessert: Italian Ices

Early Childhood Snack: Sliced Apples, Pears and Oranges

Thursday

Spaghetti and Meatballs

Steamed Broccoli

Salad: Greens, Cherry Tomatoes, Cucumbers & Carrots

Dessert: Rice Crispy Treats

Early Childhood Snack: Cottage Cheese with Jam or Jelly

Friday

Barbecued Hamburgers and Hot Dogs

Potato and Macaroni Salad

Salad: Spring Mixed Salad

Dessert: Sugar-free Brownies

Early Childhood Snack: Vanilla Yoghurt with Granola

AVAILABLE DAILY:

Soup and Choice of sandwich on whole wheat bread

A variety of drinks and snacks

Garden School Dining Room Menu for the Week Beginning June 7, 2010

Monday

Grilled Roast Beef with Gravy
Whipped Potato Casserole and Mixed Vegetables
Salad: Tossed House Salad
Dessert: Sugar-free Jello with Whipped Cream
Early Childhood: Mini Bagels with Cream Cheese

Tuesday

Breakfast for Lunch
Scrambled Eggs w/side of Bacon, Pancakes w/Assorted Fruit Toppings
Salad: Greens, Cherry Tomatoes, Cucumbers & Carrots
Dessert: Sugar-free Vanilla Pudding Topped with Crushed Oreos
Early Childhood Snack: Mini Muffins

Wednesday

Italian Style Pizza
Sautéed Broccoli in Garlic & Olive Oil
Salad: Red Cabbage Salad
Dessert: Lemon Ices
Early Childhood Snack: Pound Cake

Thursday

Make Your Own Pasta
Choice of Sauce and Toppings
Bocconcini Salad
Salad: Baby Romaine Lettuce w/Arugula, Tomatoes and Corn Bits
Dessert: Fresh Melon
Early Childhood Snack: Cheerios with Milk topped with Sliced Bananas

Friday

LAST DAY OF SCHOOL – NOON DISMISSAL

AVAILABLE DAILY:

*Soup and Choice of sandwich on whole wheat bread
A variety of drinks and snacks*