

Garden School Dining Room Menu
For the Week of Beginning January 9, 2012

Monday

Choice of Cheese or Vegetable Ravioli in a Delicate Tomato Sauce
Cauliflower Au Gratin
Salad: Baby Greens with Beets and Goat Cheese
Dessert: Yogurt with Granola
Early Childhood Snack: Fig Newtons

Tuesday

Chicken Tenders with a Side of Mac 'N Cheese
Zucchini and Carrots with Fresh Herbs
Salad: Spinach, Hard Boiled Eggs & Bacon Bits
Dessert: Banana Pudding
Early Childhood Snack: Poundcake

Wednesday

Pizza Bagel
Tomato and Mozzarella Salad
Salad: Garden Salad
Dessert: Italian Ices
Early Childhood Snack: Jello with Whipped Cream

Thursday

Make Your Own Sandwich
Choice of Deli Meats and Cheeses
Homemade Macaroni Salad
Salad: House Salad
Dessert: Cheesecake
Early Childhood Snack: Sliced Oranges and Apples

Friday

Breakfast for Lunch
Scrambled Eggs, Bacon & Pancakes with Fruit toppings
Salad: Romaine Lettuce with Arugula, Tomatoes and Corn Bits
Dessert: Sliced Fruit
Early Childhood Snack: String Cheese with Crackers

AVAILABLE DAILY:

Soup and Choice of sandwich on whole wheat bread
A variety of drinks and snacks

Garden School Dining Room Menu
For the Week of Beginning January 16, 2012

Monday

Martin Luther King – School Closed

Tuesday

Chicken Fajitas with Guacamole
Black Beans
Salad: Chopped Cauliflower Salad
Dessert: Fruit Salad
Early Childhood Snack: Mini Muffins

Wednesday

Homemade Pizza
Three Bean Salad
Salad: Tossed Salad
Dessert: Vanilla & Chocolate Pudding
Early Childhood Snack: Graham Crackers with Apple Sauce

Thursday

Bow Tie Pasta in a Red Sauce with Mini Meatballs
Steamed Broccoli
Salad: Apple Salad with Romaine Lettuce and Arugula
Dessert: Carrot Cake
Early Childhood Snack: Vanilla Yogurt with Fruit

Friday

Vegetable or Chicken Dumplings
Vegetable Fried Rice and Crispy Spring Rolls
Salad: Asian Salad
Dessert: Orange Wedges and Fortune Cookies
Early Childhood Snack: Fig Newtons

AVAILABLE DAILY:

Soup and Choice of sandwich on whole wheat bread
A variety of drinks and snacks

Garden School Dining Room Menu
For the Week of Beginning January 23, 2012

Monday

Angel Hair Pasta with Lemon and Garlic

Corn on the Cob

Salad: Garden Salad

Dessert: Pineapple and Pistachio Pudding

Early Childhood Snack: Mini Muffins

Tuesday

Open Faced Roast Beef Sandwich

Herb Roasted Potatoes and Carrots

Salad: Apple Salad with Romaine Lettuce

Dessert: Poundcake

Early Childhood Snack: Baby Carrots and Celery Sticks with Ranch

Wednesday

Pizza Bagels

Tomato and Mozzarella Salad

Salad: Baby Greens, Cherry Tomatoes, Cucumbers and Carrots

Dessert: Italian Ices

Early Childhood Snack: Vanilla Yogurt with Fruit

Thursday

Meatball Hero

Broccoli

Salad: Spring Mixed Green Salad

Dessert: Homemade Chocolate Chips

Early Childhood Snack: Mini Bagels with Cream Cheese

Friday

Vegetable Perogies with Sliced Kielbasa and Sauerkraut

Mixed Vegetables

Salad: Red Cabbage Salad

Dessert: Homemade Oatmeal Cookies

Early Childhood Snack: Sliced Fruit

AVAILABLE DAILY:

Soup and Choice of sandwich on whole wheat bread

A variety of drinks and snacks